

Results phase

After completion of the program, you receive a comprehensive report regarding the outcome of the driving program. Your results are also sent to the referring physician, as well as to any licensing authorities that are necessary.

Getting Started

If you received a letter in the mail from Department of Motor Vehicles requiring you to enroll in a driving program, you need to follow these steps:

- Call your primary care physician to obtain an order to enroll in the HealthSouth Driver Training Program.
- Call 804 673-4507 (HealthSouth admissions) to schedule the clinical evaluation phase. We will contact DMV to alert them you have enrolled in the program. This takes about one week.
- Go to DMV a week after you have made your appointment and bring the letter and proof of citizenship. This information is necessary for you to receive a 3-W license.

If you or your family wants to ensure your safety on the road, you can initiate the process by discussing this with your physician. The fee for the program is \$150/hour and is not covered by insurance.

A Higher Level of Care

HEALTHSOUTH
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HEALTHSOUTH
Rehabilitation Hospital of Virginia



DRIVING TRAINING PROGRAM



Program Benefits

Driving is a privilege that requires physical, visual and mental skills.

Independence

Sometimes as we age, or after an illness or a serious injury, a person's ability to drive safely may be affected. Many people feel they are not independent unless they are able to drive. But, driving is an important decision that affects your safety and the safety of others.

Safety

By completing a driving skills assessment with us, your driving ability, equipment, needs and safety will be determined.

Accessibility

At times, there is a need for specialized equipment to enhance driving skills. Upon completion of the assessment, referrals can be made for purchase and/or installation of specialized vehicles and equipment.

Confidence

Our program provides assessment and individualized instruction to help you return to safe driving, if able.

Program Overview

Each client undergoes an assessment of basic driving skills that may include a thorough on-the-road driver evaluation. At HealthSouth Rehabilitation Hospital of Virginia, our driving specialist, Penny Eissenberg, OTR/L, completes the evaluation and reviews the results with you. A physician's prescription and a medical history are needed to enroll in the driving program. A valid driver's license or permit is required for on-the-road assessment. There are three phases to the program:

Clinical phase

This phase begins the process with an assessment of the following: physical function, vision and visual perception, cognition and reaction times. Typically, this phase takes approximately 60 minutes.

Behind-the-wheel phase

Based on the results of the clinical evaluation, you may be eligible to continue with the behind-the-wheel phase of the program. At HealthSouth, we have a dual-control vehicle that is modified with adaptive equipment. Penny accompanies you through the surrounding neighborhood to assess ability and fitness in operating a motor vehicle. Generally, this phase requires a 60-minute appointment.

